

## Material suplementar 1

### Estratégia de busca por base de dados

#### BUSCA NAS BASES DE DADOS REALIZADA EM 01/06/2021

##### LEGENDA:

	UNITERMOS PARA INTERVENÇÃO DE INTERESSE (KEFIR / KOMBUCHA)
	FILTRO PARA ENSAIO CLÍNICO RANDOMIZADO VALIDADO PARA A RESPECTIVA BASE DE DADOS
	UNIÃO DOS UNITERMOS NA BUSCA E RESULTADOS RECUPERADOS

#### ESTRATÉGIAS DE BUSCA POR BASE DE DADOS

##### PUBMED

#1	kefir [mh]
#2	"Kombucha Tea"[mh]
#3	kefir*[Title/Abstract] OR Kephir[Title/Abstract] OR Kombucha[Title/Abstract] OR "Tea Fungus"[Title/Abstract]
#4	<b>#1 OR #2 OR #3</b>
#5	randomized controlled trial [pt]
#6	controlled clinical trial [pt]
#7	randomized [tiab]
#8	placebo [tiab]
#9	drug therapy [sh]
#10	randomly [tiab]
#11	trial [tiab]
#12	groups [tiab]
#13	#5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12
#14	animals [mh] NOT (humans [mh] AND animals [mh])
#15	<b>#13 NOT #14</b>
#16	<b>#4 AND #15 = 131 RESULTADOS RECUPERADOS</b>

##### EMBASE

#1	'randomized controlled trial'/exp
#2	'controlled clinical trial'/exp
#3	random*:ab,ti
#4	'randomization'/exp
#5	'intermethod comparison'/exp
#6	placebo:ab,ti
#7	compare:ti OR compared:ti OR comparison:ti
#8	(evaluated:ab OR evaluate:ab OR evaluating:ab OR assessed:ab OR assess:ab) AND (compare:ab OR compared:ab OR comparing:ab OR comparison:ab)
#9	(open NEXT/1 label):ab,ti
#10	((double OR single OR doubly OR singly) NEXT/1 (blind OR blinded OR blindly)):ab,ti

#11	'double blind procedure'/exp
#12	(crossover:ab,ti OR cross:ab,ti) AND over:ab,ti
#13	((assign* OR match OR matched OR allocation) NEXT/5 (alternate OR group? OR intervention? OR patient? OR subject? OR participant?)):ab,ti
#14	parallel AND group?:ab,ti
#15	assigned:ab,ti OR allocated:ab,ti
#16	(controlled NEXT/7 (study OR design OR trial)):ab,ti
#17	volunteer:ab,ti OR volunteers:ab,ti
#18	'human experiment'/exp
#19	trial:ti
#20	#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19
#21	(random* NEXT/1 sampl* NEXT/7 ('cross section*' OR questionnaire? OR survey* OR database?)):ab,ti
#22	((comparative AND 'study'/exp OR controlled) AND 'study'/exp OR randomi?ed) AND controlled:ab,ti OR 'randomly assigned':ab,ti
#23	#21 NOT #22
#24	'cross-sectional study'/exp NOT (((('randomized controlled trial'/exp OR 'controlled clinical study'/exp OR 'controlled study'/exp OR randomi?ed) AND controlled:ab,ti OR control) AND group?:ab,ti)
#25	((case NEXT/1 control*):ab,ti) AND random*:ab,ti NOT randomi?ed:ab,ti AND controlled:ab,ti
#26	systematic AND review:ti NOT (trial:ti OR study:ti)
#27	nonrandom*:ab,ti NOT random*:ab,ti
#28	'random field*':ab,ti
#29	random:ab,ti AND ((cluster NEXT/3 sampl*):ab,ti)
#30	review:ab AND review/it NOT trial:ti
#31	'we searched':ab AND (review:ti OR review/it)
#32	'update review':ab
#33	(databases NEXT/4 searched):ab
#34	(rat:ti OR rats:ti OR mouse:ti OR mice:ti OR swine:ti OR porcine:ti OR murine:ti OR sheep:ti OR lambs:ti OR pigs:ti OR piglets:ti OR rabbit:ti OR rabbits:ti OR cat:ti OR cats:ti OR dog:ti OR dogs:ti OR cattle:ti OR bovine:ti OR monkey:ti OR monkeys:ti OR trout:ti OR marmoset?:ti) AND 'animal experiment'/exp
#35	'animal experiment'/exp NOT ('human experiment'/exp OR 'human'/exp)
#36	#23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35
<b>#37</b>	<b>#20 NOT #36</b>
#38	'kefir'/exp
#39	'kefiran'/exp
#40	'kombucha'/exp
#41	kefir* OR kephir* OR Kombucha OR "tea fungus"
<b>#42</b>	<b>#38 OR #39 OR #40 OR #41</b>
<b>#43</b>	<b>#37 AND #42 = 176 RESULTADOS RECUPERADOS</b>

#### WEB OF SCIENCE

TS= (kefir* OR kephir* OR kefiran OR kombucha OR "tea fungus")
<b>2262 RESULTADOS RECUPERADOS</b>

#### SCOPUS

TITLE-ABS-KEY ( kefir* OR kephir* OR kefiran OR kombucha OR "tea fungus" )
<b>2472 RESULTADOS RECUPERADOS</b>

#### CENTRAL (COCHRANE)

TITLE-ABS-KEY ( kefir* OR kephir* OR kefiran OR kombucha OR "tea fungus" )
<b>74 RESULTADOS RECUPERADOS</b>

#### LILACS (VIA BVS)

(mh:(kefir OR kombucha OR "kombucha tea" OR "chá de kombucha" OR "Té de Kombucha")) OR (kefir* OR kephir* OR kefiran OR kombucha OR "tea fungus") AND ( db:("LILACS"))
<b>44 RESULTADOS RECUPERADOS</b>

#### CLINICAL TRIAL (clinicaltrial.gov)

Other terms : kefir* OR Kephir OR Kombucha OR "Tea Fungus"
<b>04 RESULTADOS RECUPERADOS</b>

#### PROQUEST

mesh(kefir OR "Kombucha Tea" ) OR ti(kefir* OR Kephir OR Kombucha OR "Tea Fungus") OR ab(kefir* OR Kephir OR Kombucha OR "Tea Fungus") OR diskw(kefir* OR Kephir OR Kombucha OR "Tea Fungus")
<b>61 RESULTADOS RECUPERADOS</b>

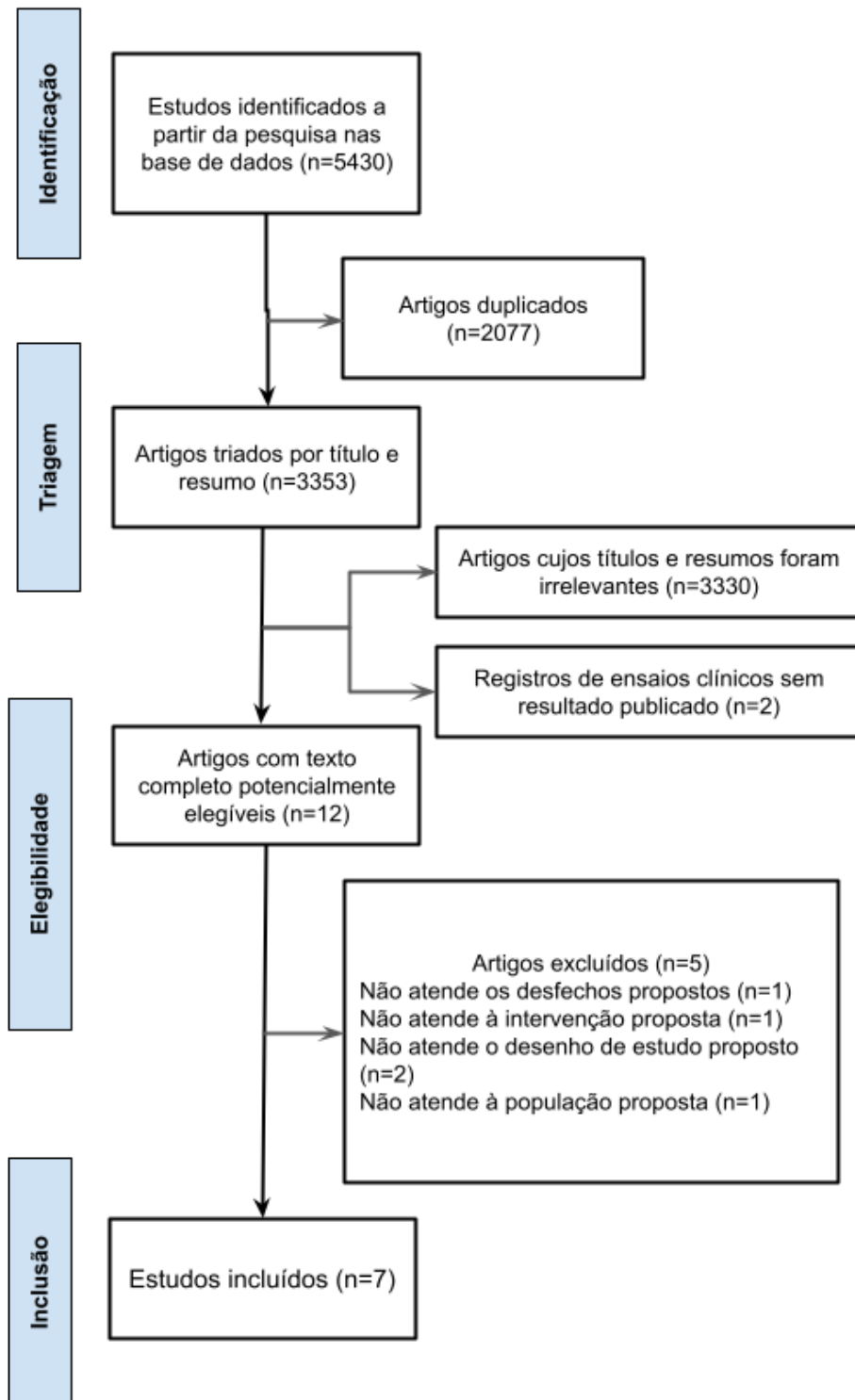
#### OPENGEY

kefir* OR Kephir OR Kombucha OR "Tea Fungus"
<b>06 RESULTADOS RECUPERADOS</b>

#### GOOGLE ACADEMICO

com a frase exata: effect
com no mínimo uma das palavras: kefir kephir kefiran kombucha (no título do artigo)
<b>200 PRIMEIROS RESULTADOS RECUPERADOS</b>

## Material suplementar 2



**Figura 1.** Fluxograma da seleção de estudos